

# Cash 4 Trash



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**OTI**



Erasmus+



# How to make an upcycled bowl...



These are the materials you need:



Old newspaper, old magazine, white paper glue, color paints, brushes and varnish

1. Use the center pages of the magazine, so you have double pages, fold in the top for about 1-2 cm and repeat



2. When finished, glue the paper so it doesn't unfold



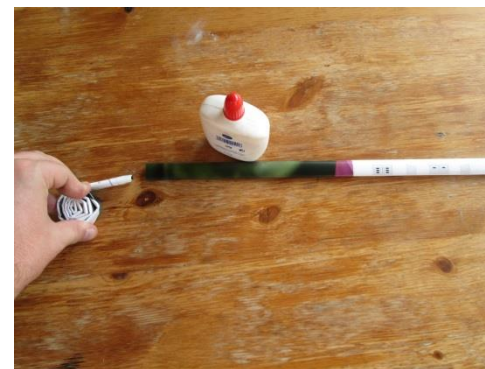
3. Do as many paper stick as you need (8)



4. Bend one side of the paper stick and roll it until you have a shape of the snail's shell



5. When you run out the length of the stick, attach another one to it on the top by gluing the end of the previous to the next one





6. Repeat until you reach the desired width. To finish, glue the last stick into the shape



7. Grab your shape and push the center circle carefully with your hands to make the shape of the upcycled bowl



8. Use the varnish to endure the upcycled bowl and let it dry for about 30-60 minutes



Tip: If you are doing the upcycled bowl with newspaper, you need first to paint it and then varnish

9. Give a second layer of varnish and let it dry for 2 hours



# How to make an upcycled vase...

These are the materials you need:



Paper carton,  
toothpick, scissors,  
paper glue and old  
magazines



1. Use the center pages of the magazine, so you have double pages, fold in 3 equal pieces vertically and then cut



2. Place the toothpick on one corner and start to roll the paper



3. Remove the toothpick and glue the paper so it doesn't unfold



4. Do as many paper sticks as you need (20-30)



5. Cut 2 squares of thick carton to make the base ( $\approx 12$  cm)

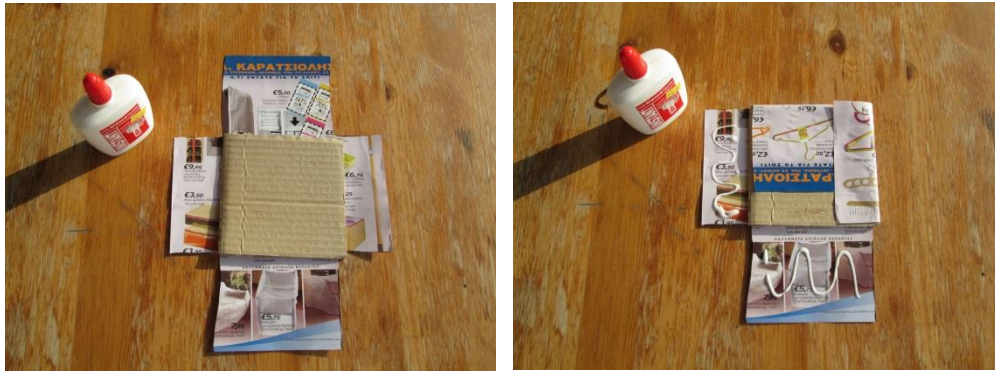


6. Put the carton on the center of a magazine page and cut the edges





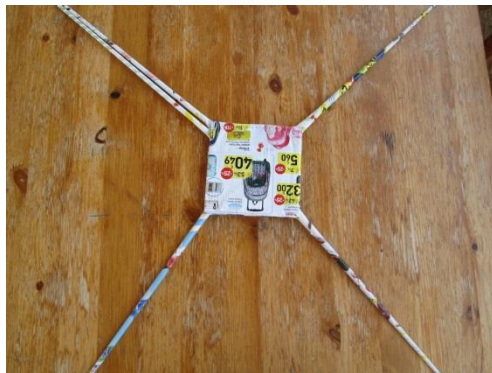
7. Cover and glue the paper onto the carton and repeat step 6 & 7 for a second square



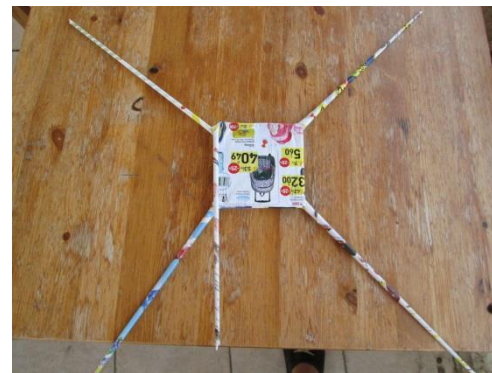
8. Place the sticks diagonally on one square so that all sticks are towards the center of the square but not touching each other. On one side use two sticks. Glue the sticks onto the square.



9. Glue the second square on top to cover the sticks. This is the base.



10. Fold the sticks over each other but keeping them in line with the base starting with the side that has 2 sticks.



11. When you run out the length of the sticks, attach another one to it by inserting the ends of the previous to the next one.



12. Repeat until you reach the desired height. To finish, glue the last stick on the top and cut the edges.





# How to make decoupage...



These are the  
materials you need:

paper adhesive white glue,  
scissors, dinner napkins,  
decoupage paper, wooden box,  
bottle, glass of water and  
brushes

1. Cut the patterns you need from the dinner napkins or the decoupage paper with scissors and remove what you don't need.



2. In a glass with 75ml water, add 25ml of paper adhesive white glue and mix.

Tip: If you have decoupage glue, it's not necessary to add water.



3. Brush the mixture on top of the napkin patterns. When finished, let it dry for about 2 hours



4. When it's dry, brush only with glue and let it dry for about 45 minutes.





# How to make upcycled greeting cards...

These are the materials you need:



paper, mixer, small bowl, medium bowl with 150 ml of water, sponge, fork, big container with 300 ml of water, beater, flat strainer, cloth and iron

1. 1. Tear the paper into small pieces



2. Put all the small pieces in the small bowl



3. Put all the small pieces into the bowl with water



4. Use the mixer for about 10 minutes until you get a liquid paper paste



5. Put the liquid paper paste into the big container with 300 ml of water



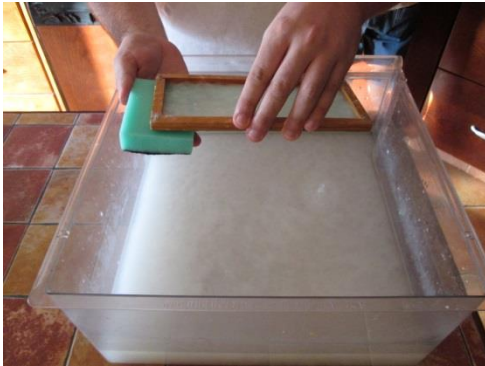
6. Use the beater to mix it for about 1-2 minutes



7. With the flat strainer, take a small quantity of the mixture



8. Remove the water under the flat strainer with a sponge



9. With a fork, make a gap carefully on the borders of the flat strainer so the upcycled paper doesn't touch each border



10. With a cloth, tap the flat strainer carefully facing down to separate the upcycled paper





11. Cover the paper with the cloth and iron, to remove the water in the paper for about 1-2 minutes (until it gets dry)



12. Remove carefully the upcycled paper from the cloth



13. Let it dry outside for about 4-5 hours



14. You can make different types of upcycled paper and put some decorations in step 8 after you remove the water with the sponge



## More upcycling ideas...



Handbags made from old jeans



Salt and pepper container made from small jars



Cake and candy stands made from old plates and cups



Flower pots made from old boots and shoes





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