

ADVANTAGES OF FORMAL
AND NON-FORMAL
EDUCATION

WOMEN
in the

RING

ARE YOU
A
SKILL MASTER?

How to create a good

CV?

*What to wear
in an interview?*

Venturing into unknown:

tips and tricks for working abroad



„Lifelong learning is the ongoing voluntary and self-motivated pursuit of knowledge.”

Nowadays world is open for young people just we should take the opportunity what world is offering to us. Our young dynamic team issue first edition of Women in the Ring. Men don't be scared it is not only for woman. We would love to share with all our readers the ideas, creative solution and inspiration in the field of employment and opportunities for young people.

Women are equal in the worlds and speeches but in the reality it's not so so true. Our team would love to show you that you have the POWER and you are strong enough to PROVE IT.

TEAM:

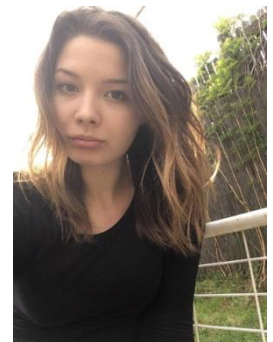
Stela Kovařová - CEO

I am **Stela Kovařová**. As a CEO of this magazine I would love to change the world. To be happy is my life mission. I like to travel, creative people and make people smile.



Cintia Répási - designer

Hi. My name is **Cintia Répási**. I was the creative idea giver. Nowadays in my view creativity is the most important thing. I like working with this group.



Natália Horečná - editor

My name is **Natália Horečná** and I am an editor of this magazine. I am friendly, social and I love to have a fun. Make this world better is my main goal.



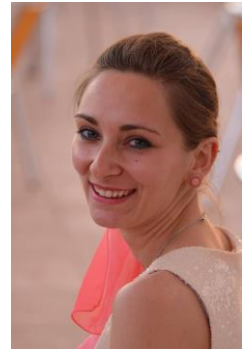
Raluca Iftime – designer

I am a cat lover, an enthusiastic traveler and I love to challenge my optimism. Traveling, I enhanced my creativity and currently I am a designer for Women on the Ring magazine.



Ilenia Pappalardo – designer

I am a creative a dynamic person. I travel to take pictures and take pictures to travel. Vintage collector.



Cristina Coman – editor

Hey there! My name is Cristina and I love to be one of the editors for Women in the Ring magazine. Apart of spending a lot of money on unnecessary stuff I like to write articles here because I get lots of money. Toodles!



Darina Koleva – editor

My name is Darina Koleva and I am an editor in this magazine. Art and education are my passion. And combining them together is my favorite thing. This is why I am really glad for having the opportunity sharing them with you. People are learning until they die, so why not make it fun?



How to create CV ?

Your CV needs to be packed with relevant information to help an employer make the decision to hire you. It should include:

- **contact details** - include full name, address, mobile phone number and email address;
- **education** - list and date all previous education, placing the most recent highest up the page. Include any professional qualifications;
- **referees** - two people who can provide positive comments on your previous employment or experiences;
- **skills** - for example, the ability to work in a team, manage people, customer service skills, or specific IT skills;
- **work experience** - this can be internships, voluntary roles or previous jobs. Add the most recent/relevant positions and examples of tasks.

Wisely consider what you will put to your CV. It can happen that you have a lot of experiences and not only at the field to which is you going to apply. In this case choose just those skills and experiences which could be relevant for applying job position.



There are many ways to create an exceptional CV, but for a solid foundation, concentrate on four main points:

- **Grammar** - there should be no mistakes in your CV. Use a spell checker and enlist a second pair of eyes to check over the text. Try and include as many active words as possible to increase the impact of your CV. Use active verbs to replace passive verbs and nouns wherever possible. For example, you could include targeted words like 'created', 'analysed'; and 'devised' to present yourself as a person that shows initiative.
- **Layout** - place your most attractive skills and talents towards the top of your CV to boost your chances of impressing an employer. The same rule applies to listing grades - always place your highest grade first.
- **Presentation** - keep your CV neat and make sure it is easy on the eye. Bullet points should be used to tidy up any lists. Your choice of font can have more impact than you might think. The University of Kent careers service suggest using 10 point Verdana or Lucida Sans with a larger typeface for headings and sub-headings. You should always avoid Comic Sans.
- **Style** - there a various types of CV you can employ. Think carefully about what style will suit your needs.

VENTURING INTO UNKNOWN: TIPS AND TRICKS FOR WORKING ABROAD

Whether you are planning to pick up casual jobs while you travel or want to start your career, there are many advantages to working abroad and several possibilities we are going to present.

Ilenia and Raluca are two girls who have been working abroad thanks to several projects that will be discussed below; they will explain us how working in another country works and how we can benefit from it.

INTERVIEWER: Ilenia and Raluca, could you tell us what we need to know before starting a new life in another country?

INTERVIEWEES: We believe there are several pros and only few cons of working abroad. But first of all, make sure you know WHY you wish to work abroad. WHAT you hope to achieve. HOW you will benefit both personally and in terms of your career. If you plan to use your experience to help get a job once you return, think how you will MARKET it to employers. If and when you have got knowledge of all those, you will then be ready to start planning your travel.

INTERVIEWER: Let's suppose we got answer to all those questions, what are the next steps to take?

INTERVIEWEES: Check out the jobs market, sources of vacancies, visa requirements (apply plenty of time earlier, as obtaining a visa can be a long and difficult process), the language skill you will need and the preferred format for applications and CVs (what is generally accepted in a country may not be considered adequate in another).

INTERVIEWER: So which are the advantages of working abroad then?

INTERVIEWEES: It Is an ideal way to improve your existing skills or learn new ones, making you more attractive to employers as well as being a beneficial addition to your CV. Working abroad also offers the chance to gain experience of other cultures and working styles, which is very important in a global economy: you will have gained not only new language skills and technical experience, but also the experience to demonstrate your ambition and ability to adapt to a different culture and working environment.

INTERVIEWER: Now, let's make it a bit more practical, could you please list a number of projects and programs we should know in order to gain work experience abroad?

INTERVIEWEES: There are actually several chances for people willing to start a new career In another country.

- **Erasmus +:** for opportunities in Europe
- **AIESEC:** internship (paid or unpaid) for students and recent graduates all over the world
- **IAESTE:** for science, engineering and applied arts undergraduates with paid work
- **EUS:** European Voluntary Service for young people (from 18 up to 18 years old)
- **CIEE:** For students willing to work in the USA for a fixed time
- **EURES:** A portal for jobseekers and employers all over the EEA.

INTERVIEWER: Just to be fair, we should know the other side of the coin. Which are the disadvantages you have experienced during your stay abroad?

INTERVIEWEES: First of all, of course you will need a lot of money to start. Also, bear in mind that living in a new country means accepting and understanding a different culture, with its beliefs, morals and behaviors. Understanding all of those immediately may be difficult , but once you do, your free pass for a new experience will be in your hand!!

ADVANTAGES OF FORMAL AND NON-FORMAL EDUCATION

We will analyse the concept of Formal and Non-Formal education in an attempt to define their features, advantages, limitations and inter-relations.

The Formal Education corresponds to a systematic, organized education model, structured and administered according to a set of laws and norms. The necessary process involves teacher and students. They have to observe to advance students to the next learning stage.

The Formal education system alone, may not respond to the challenges of the modern society, this is why we need the Non-Formal one.

Non-Formal education is an integral part of a lifelong learning concept that ensures that young people and adults acquire and maintain the skills, abilities and dispositions needed to adopt a continuously changing environment. An important part of Non-Formal education is carried out by Non-Governmental organizations, involved in community and youth work, finding various ways of endorsing the experience and qualifications in this way.

The educative progress in Non-Formal education has a more flexible curricular and methodology. The activities and lessons of the Non-Formal education take place outside the institutions or school. It's focused on the students and this will have as result, that the students participates more. When the needs to the students change, the Non-Formal education can react quicker, because of its flexibility.

The abilities that a person will gain during life are strongly connected with the Formal and Non-Formal education. Plus our achievements are based on an experiences, relations and interactions with the benefits of learning.

DRESSING CODE FOR AN INTERVIEW

Dressing up is important when meeting a new person, even more important when the person you meet could be your next employer. Clothes speak a lot about you, so you should be careful at the message you want to send. We want to share with you a couple of tips and tricks about the dressing code when taking part in an interview. The following paragraphs will give you examples of do and don'ts when it comes to dressing accordingly.

First of all you must keep in mind that you want to dress appropriate for the job applied for. If you're preparing for work in a corporation or organization and such, too short of a dress or too large of a cleavage will not work in your advantage. Your look is also the organization's image. So if you don't want to miss the opportunity of a possible future job, don't present yourself in a much too short dress. Try not to adopt very bright colors when dressing and don't overdo your make-up. Even if you are trying to improve your looks, too much make-up can make you look ridiculous

Even if your clothes are well selected, they still can't hide a poorly maintained aspect. So, don't forget to look after your nails, hair and overall cleanliness. A stain or a wrinkled collar may steal your chance of having a new job.

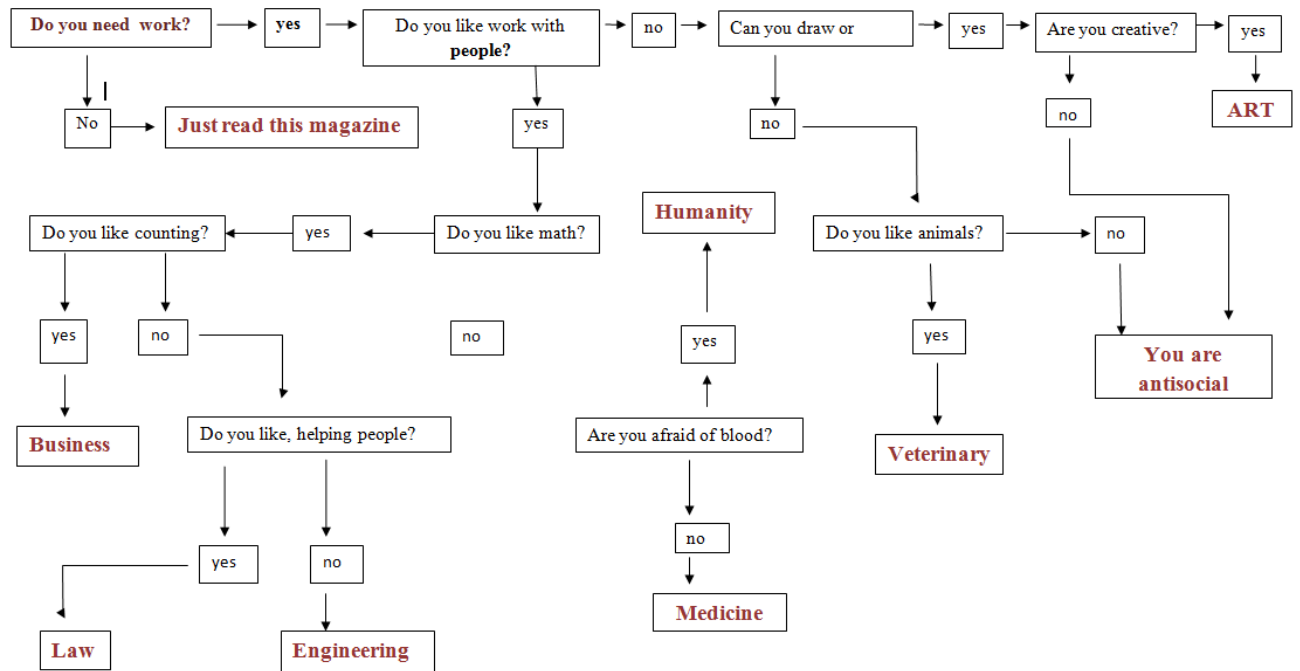
It's not complicated at all to show up in an adequate manner at an interview. Depending on the job you want to acquire, you should adapt to the job's specific requirements. So if it is seriosity that you want to inspire, choose an appropriate outfit. If you want to show you've got an artistic mind and your job allows you to show it, then let your creativity speak for your clothes.

More importantly than anything, don't forget to smile. :)

GAME

Are you a skill master?

Are you prepared for your dream job? Do you think that you are a master of your own skills?
Use the following scenarios to test your abilities.



EVS

European Voluntary Service

opportunity

volunteer

be more
open minded
:)

friends

